

**SUBHARAM GOVT DEGREE COLLEGE**

**PUNGANUR-517247**

**CHITTOOR DIST**

**A REPORT**

**ON**

**IRON TABLETS**

**DISTRIBUTION**

**02/03/2023**



**Organized by**

**WOMEN EMPOWERMENT CELL**

**Dr. C. Pavithra**

**Lecturer in Mathematics**

**CIRCULAR**

**01.03.2023**

All the teaching staff and students are requested to attend an “**Iron Tablets Distribution**” program on 02.03.2023 in seminar hall at 02.00 P.M. Hence all are requested to attend the programme and make it a grand success.

*Y. Rajasekar*

**PRINCIPAL**  
S.R. Govt. Degree College  
PUNGANUR - 517 247  
Chittoor District

### **Objectives of the programme: Students will learn about**

- To reduce anemia levels among adolescent girls in the college.
- To provide IFA supplementation to the students.
- Assess the Hb levels of the beneficiaries periodically.
- Motivate the needy to consume tablets through relevant nutritional education.

### **Report of the programme:**

The program started at 11.00 A.M in seminar hall. The principal Dr. Y. Rajasekar and faculty members of the college spoke about importance of iron and its impact on the human body. ANM and ASHA worker spoke about the improvement of iron by taking nutrition food, about IFA and Hb levels in the human body. At the end of the programme they distributed iron tablets to all the students and also those who are in low levels of iron they gave iron tablets for 3 months. 123 students of the college attended the program.

### **Outcomes of the programme: Students learned about**

- How to improve iron levels in the human body by taking food.
- Iron helps the body to make healthy red blood cells which carry oxygen around the body. Some things such as blood loss, pregnancy or too little iron in your diet can make your iron supply drop too low, leading to anemia.



## ATTENDANCE REPORT

Topic: Iron Tablets Distribution

Date: 02/03/2023

S.No	Name of the Student/Participant	Group/Address	Signature of the Student/Participant
01	K. Hosi Krishna	B.com	K. Hosi Krishna
2	T. Chandu	B.A	T. Chandu
3	B. chandra shekar	B.A	B. chandra shekar
4	D. prasad jorika	B.A	D. prasad jorika
5	M. Abhishek	B.A	M. Abhishek
6	C. Suresh	B.A	C. Suresh
7	D. Srinivasa	B.A	D. Srinivasa
8	P. Raj Kumar	B.com(CA)	P. Raj Kumar
9	D. Manjaya	BA	D. Manjaya
10	K. Bharat Prasad	B.com (C.A)	K. Bharat Prasad
11	Shahid Javed	B.Sc	Shahid Javed
12	B. Vishnu	B.A	B. Vishnu
13	D. Chaitanya Kumar	B.COM	D. Chaitanya Kumar
14	T. Balu	B.com(CA)	T. Balu
15	B. Manjuresh	B.A	B. Manjuresh
16	C. Pavan Kumar	B.COM(CA)	C. Pavan Kumar
17	C. Pavan Kumar	B.COM(CA)	C. Pavan Kumar
18	V. Renuka	B.COM(CA)	V. Renuka
19	T. Bhargava	B.A	T. Bhargava
20	C. Hemalatha	B.COM(CA)	C. Hemalatha
21	M. Hemalatha Kumar	B.A	M. Hemalatha Kumar
22	V. Sunil Kumar	B.S.C	V. Sunil Kumar
23	D. Mahesh	B.A	D. Mahesh
24	D. Vasu	B.com (C.A)	D. Vasu
25	A. Chandana	B.A	A. Chandana
26	V.V. Ushatha	B.Sc	V.V. Ushatha
27	V. Bhargavi	B.COM(CA)	V. Bhargavi
28	T. Prasad	B.A	T. Prasad
29	M. Ashok Kumar	B.A	M. Ashok Kumar
30	T. Naga Mohan	B.COM	T. Naga Mohan
31	A. Mukesh	BA	A. Mukesh
32	K. Daringsumali	BA	K. Daringsumali
33	A. Hema Veni	B.COM(CA)	A. Hema Veni
34	G. Reddy Raja	B.COM	G. Reddy Raja
35	A. Jasawati	B.COM(G)	A. Jasawati
36	G. Rajesh	BSC	G. Rajesh
37	N. Hemalathi	BA	N. Hemalathi
38	N. Sivakumar	BSC	N. Sivakumar
39	G. Ramanjulu	B.COM(CA)	G. Ramanjulu
40	K. Ganesh	B.A	K. Ganesh
41	K. Dinesh	BSC	K. Dinesh
42	A. Chitra	B.COM	A. Chitra

### Feedback

మం కళాశాలలో IRON TABLETS DISTRIBUTION ప్రో  
గ్రామ్ నిర్వహించడం జరిగింది. Iron Tablets యొక్క  
ఉపయోగాలు స్పష్టంగా మనకు తెలుసుకున్నాము. దీని  
వల్ల మనకు తెలిసిన వ్యక్తులకు మరల స్పష్టతలు  
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Subharam Govt degree clg

K. Vani  
2nd BSC

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subharam Govt degree clg

S. THEJA  
III<sup>rd</sup> BSC